

Starting a family

NHS Choices – Planning your pregnancy

<http://www.nhs.uk/conditions/pregnancy-and-baby/pages/planning-pregnancy.aspx>

Family Planning Association (Charity)

<http://www.fpa.org.uk/help-and-advice/planning-pregnancy>

NHS Choices – Fertility and conception

<http://www.nhs.uk/livewell/fertility/Pages/Fertilityhome.aspx>

NHS Choices – Problems getting pregnant

<http://www.nhs.uk/conditions/pregnancy-and-baby/pages/help-infertility.aspx>

Infertility Network UK (Charity)

<http://www.infertilitynetworkuk.com/>

Adoption (Gov.UK)

<https://www.gov.uk/child-adoption/overview>