

Child Health 7 to 15 years

Having a working thermometer at home can be very useful ...

4 Years and older



Vaccinations

<https://www.nhs.uk/conditions/vaccinations/>

Guidance from your local hospitals in Devon – get the app on your phone!

<https://devonccg.nhs.uk/health-services/children-and-young-people/handi-app>



Some common questions

<https://www.nhs.uk/common-health-questions/childrens-health/>

Childhood rashes

<https://www.nhs.uk/conditions/rashes-babies-and-children/>

<https://www.nhsinform.scot/illnesses-and-conditions/injuries/skin-injuries/skin-rashes-in-children>

“The Glass Test” example in Meningococcal disease

<https://www.nhs.uk/conditions/meningitis/symptoms/>

If this positive and child is unwell call 999, if you are unsure call 111 – don't wait and see.

Mental health

<https://youngminds.org.uk/>

<https://www.kooth.com/>

(Ages 11 to 19)

Parenting when you have mental health illness

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/mental-health-parenting/>

Your GP can refer for support for your child and their family

<https://childrenandfamilyhealthdevon.nhs.uk/camhs/>

Eating disorders

<https://www.beateatingdisorders.org.uk/types>