

Men's Health

For information on specific illnesses look at Health Conditions A to Z link

What the NHS thinks are common questions for Men's Health – its not an exhaustive list!

<https://www.nhs.uk/common-health-questions/mens-health/>

The last item in above link leads nicely onto thinking about breast cancer in men – there is no National Screening programme but if you notice a lump or swelling related to your nipple or upper chest – please see your GP.

Sexual health questions

<https://www.nhs.uk/common-health-questions/sexual-health/>

Your prostate (.... don't worry if you call it the prostrate we know what you mean 😊)

<https://www.nhs.uk/conditions/prostate-problems/>

Depression

<https://www.nhs.uk/conditions/clinical-depression/symptoms/>

Male menopause

<https://www.nhs.uk/conditions/male-menopause/>

Travel health

<https://www.nhs.uk/common-health-questions/travel-health/>

Lifestyle

<https://www.nhs.uk/common-health-questions/lifestyle/>

Food and diet

<https://www.nhs.uk/common-health-questions/food-and-diet/>

Health screening

NHS Health Check (Aged 40 to 74 who have not had a stroke and with no long term health conditions already known)

<https://www.nhs.uk/conditions/nhs-health-check/nhs-health-check/>

Bowel cancer screening (Age 55 and over)

<https://www.nhs.uk/conditions/bowel-cancer-screening/>

Aortic aneurysm screening

<https://www.nhs.uk/conditions/abdominal-aortic-aneurysm-screening/>